

Phoebe Terrace Talk

Friday, March 24th & Friday, March 31st ,2023

Daniella's Desk

Hello Everyone!

Did you know that you can nominate a Terrace staff member for Phoebe's employee of the month award? We have a monthly Faith in Action award that is presented to employees that exemplify the values that Phoebe holds dear: Accountability, Compassion, Ethical Conduct, Integrity, Respect, Stewardship and the Fruits of the Spirit.

Please consider nominating a staff member for the **March** Faith in Action Employee of the Month. The value this month is Stewardship.

Stewardship: Respecting the time, talents and treasures so many have generously given, Phoebe Ministries strives to utilize these resources responsibly.

Examples: volunteering time/talent, non-wasteful, reduce/reuse/recycle, donating

If you know someone who exemplifies this value, please consider nominating them. Nomination forms can be found across from the Terrace elevators on the first floor.

Chris's Corner

If you accidentally spill liquid coffee or Tea in the hallways on the carpet. Please contact Chris at (610) 794-6030 so he can extract the liquid before it dries. Thank you 😊

Thank You's

Thank you everybody who sent me birthday cards. Especially Margaret for the pie and all the Birthday wishes.

John Ritter

Dining News

Wally would love to feature your favorite / signature recipe on his menu calendar for the dining room. Please write down your recipe and bring it down to the Kitchen.

If you have any questions, please contact Wally (610)794-6021.

Puzzle Table

Do you enjoy doing puzzles!

The 3rd and 5th lounge areas have a puzzle table for everyone to enjoy!

Welcome

Please welcome our new residents Richard and Julia Mertz. They will be moving into apartment 215 on Saturday, March 25th.

Found

~Will the resident who put the red wallet / purse on the “share” table on the first level, please contact Fran (610)462-0763.

~A hearing aid was found on the 5th floor. If you are missing a hearing aid, please come down to the office to claim it.

Soup for Sale

The Kitchen is selling soup!

Monday thru Friday 11:30am – 1:00pm for \$2.95.

Please stop the Dining Room or contact the Dining Room (610)794-6021 for soup flavor & availability.

Resident Luncheon

Friday, March 24th

11:30am – 1:00pm Dining Room

Entertainment by Joe Romagno

Reminder the residents' luncheon are a resident only event

Do you like Cookies and good chats?

If you answered yes, we invite you to join Olga Vega, LPN, Nurse Manager and Tammie Worley, LPN, Director of Comforting Home Care by Phoebe.

Topic: Who is Comforting Home Care by Phoebe? And why do they care about you?

When: Tuesday, April 04, 2023 @ 1:00pm

Where: Phoebe Terrace Social Room.

Bayada Buzzzzzz

- 1. Have you had significant joint pain for more than 3 days?**
- 2. Have you purchased a knee or wrist brace to help reduce pain?**
- 3. Do you have swelling in your joints?**
- 4. Are you having trouble reaching overhead due to shoulder pain?**

If you answered "Yes" to any of the above questions, you could potentially benefit from home health care services. Please contact us today at



BAYADA[®]
Home Health Care

Senior Living Solutions

If you have questions, please call the office directly 610-621-1000

Meet the Marketing Department!



Hi everyone! I'm Kim Metz, Executive Director of Marketing and External Relations. My relationship with Phoebe began nine years ago, in 2014.

My role is to provide guidance to the Marketing, Sales, Pathstones, and Pastoral Care departments. My favorite thing about my job is helping to remove the obstacles that prevent us from doing our best work possible.

I am married to Ash Abouzari from Phoebe's I.T. department. We have a dog and two pet snakes. In my spare time, I like playing video games, cooking big dinners for family and friends, and working on projects around the house.

Good Friends, New Neighbors Updates

Phoebe Ministries supports a Resident Referral Incentive Program called "Good Friends, New Neighbors", which is intended to help Phoebe fill vacancies in independent living and personal care. As of March 15, 2023, all referral forms expire one year from the date they were signed. This change in the policy is intended to incentivize the referral of individuals who are motivated to move within a defined timeframe. Additionally, new incentive rates are now in effect, including for referrals on file that were not already under contract as of March 15, 2023. For more information about these changes to the Good Friends, New Neighbors program, or to participate, please see your campus Sales team or call 610-794-5134.



Comforting Home Care by Phoebe update by Tammie Worley

**“A little flower that blooms in May
A lovely sunset at the end of the day
Someone helping a stranger along the way
That’s heaven to me” - Sam Cooke**

...And just like that we are on our way into Spring! Do you look forward to the April showers that will bring May flowers? I really enjoy all the seasons. Spring is so beautiful as the buds start to appear and the flowers blossom, the grass will start to get greener and the weather warmer. Getting out in the sun a little more and soaking in some Vitamin D. Did you know that Vitamin D helps your body absorb Calcium, and assists your immune system to fight off bacteria and viruses? Besides safely soaking in the Sun to get Vitamin D, you can also get it through your diet. Here is a link, If you are interested in more information on Vitamin D: <https://ods.od.nih.gov/factsheets/VitaminD-Consumer/>

Office employee spotlight for this week:

Alexander Worley – Alexander is our Accounting/HR Coordinator. Alexander interned with CHCP over the summer of 2022. In the fall Alexander joined our team as our parttime Accounting/HR Coordinator. Alexander is one of our behind-the-scenes employees, who is passionate about Customer Service and Finances. Alexander is a student at Alvernia University dual majoring in Accounting and Business. In Alexander’s free time he enjoys going to the gym, and spending time with his family.

Zechariah 10:1 Ask the LORD for rain in the spring, for he makes the storm clouds.

And he will send showers of rain so every field becomes

Programming Highlights

Please sign up for Bus trips in the bus book

Monday, March 27th

~Come and join in on our new resident run group, "This Little Group" on the 5th floor lounge area. If you have a needlework (knitting/ crocheting, ext) project you are working on or would like to learn please contact Marilyn Morgan (973)219-0128

~Bereavement with Rev. Jameson at 1:00pm in the Social Room

~Bingo with Bob has returned 😊 2:00pm in the Rec Room

~ Please have your Weis Online orders into the front desk by 7:00pm

Tuesday, March 28th

~Book Study with Rev Jameson in the Rec Room today at 1:00pm. Book: Behind the Beautiful Forevers: Life, Death, and Hope in a Mumbai Undercity by Katherine Book

~ Come and enjoy your neighbors at the terrace Happy Hour 3:00pm -5:00pm in the Lobby with live entertainment by Dave Marchetti.

Wednesday, March 29th

~ Get your shopping shoes on and get ready to stock up on all your favorite household items!

Giant Food Store Trip. Bus departs the Lobby at 10:30am and 11:30am (Sign Up)

~Enjoy the 2:00pm afternoon movie viewing of "Mrs. Harris Goes to Paris" in the Social room. In 1950s London, a widowed cleaning lady falls madly in love with a couture Dior dress, deciding she must have one of her own. After working to raise the funds to pursue her dream, she embarks on an adventure to Paris that will change not only her own outlook -- but the very future of the House of Dior. 2022 PG 1h 55m Drama/Comedy

Dinner Drink: Fuzzy Navel

Thursday, March 30th

~ Enjoy an outing to the Marblehead Restaurant in Easton. Bus will depart the lobby at 11:30am. (Sign Up)

Friday, March 31st

~ Worship Service with Rev. Jameson in the Social room at 1:00pm

~Afternoon Movie viewing in the Social room at 2:00pm of "Infinite". Haunted by memories of places he's never visited, a man joins forces with a group of reborn warriors to stop a madman from destroying the endless cycle of life and reincarnation. 1h 46m 2021 Pg-13 Action / Sci-Fi



Terrace Weekly Programming and Trips
Friday, March 24th – Friday, March 31st, 2023

FRIDAY, March 24th

9:30am Bayada Exercise (G)
 11:30-1:00pm Resident Luncheon (DR)
 with entertainment by Joe Romagno(Lb)
 2:00pm Movie: Ticket to Paradise (SR)
 PG-13 2022 · Romance/Comedy · 1h 44m

SATURDAY, March 25th

1:00pm Rummikub (RR)
 7:00pm Board Games with Friends (RR)

SUNDAY, March 26th

7:30pm Bean Bag Toss (RR)

MONDAY, March 27th

9:30am Bayada Exercise (G)
 1:00pm “This Little Group” (Needlework) (5th fl lounge)
 1:00pm Bereavement with Rev. Jameson (SR)
 2:00pm Bingo with Bob (RR)
 7:00pm Weis OnLine orders due (FD)
 7:30pm Card Games (RR)

TUESDAY, March 28th

9:30am Bayada Exercise (G)
 1-4:00pm Sewing Group (RR)
 1:00pm Pinochle (L)
 1:00pm Book Study (RR)
 3:00pm-5:00pm Happy Hour with Dave Marchetti Ent. (L)

WEDNESDAY, March 29th

9:30am Bayada Exercise (G)
 10:30am Trip: Giant Food Store (Sign Up)
 11:30am Trip: Giant Food Store (Sign Up)
 2:00pm Movie:Mrs. Harris Goes to Paris
 R 2022 1h55m Drama/Comedy (SR)
 Dinner Drink: Fuzzy Navel

THURSDAY, March 30th

9:30am Bayada Circuit Training (G)
 11:30am Trip: Marblehead Restaurant (Sign Up)
 1:00pm Pinochle (RR)
 7:30pm Wii Bowling (RR)

FRIDAY, March 31st

9:30am Bayada Exercise (G)
 1:00pm Worship Service with Communion (SR)
 2:00pm Movie: Infinite (SR)
 PG-13 2021 · Action / Sci-fi · 1h 46m

(DR) Dining Room	(RR) Rec Room	(FD) Front Desk
(L) Lobby	(B) Bus	(Lb) Library
(G) Gym	(SR) Social Room	(P) Patio