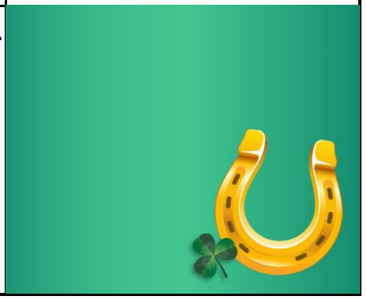
MARCH 2023

Memory Support A Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 One to Ones 10:00 Drum Fitness 10:45 Who What Where **2:00 Hymn Sing with Kathy (Piano Area)** 3:00 Reminisce	*Dr. Seuss Day* **2** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Charley's Visits 11:00 Dr. Seuss Story Time 2:00 Spirit Alive 3:00 Hymn Sing	**3** 9:30 One to Ones 10:00 Manicures 10:45 Morning Stretch 2:00 Let's Talk 3:00 Bean Bag Toss	**4** 10:00 Chair Dancing 10:45 Matching Game 2:00 Afternoon Bingo 3:00 Sing-along
5 9:30 One to Ones 10:00 Morning Stretch 10:45 UNO Cards 2:00 Bible Stories 3:00 Hymn Sing	**6** 9:30 One to Ones 10:00 Lets Play Ball 10:45 Sing with YouTube 2:00 Story Telling 3:00 Group Scrabble Purim Begins	**7** 9:30 One to Ones 10:00 Seated Weights **10:45 Travels and Music with Gary (B Wing)** **2:00 Jack and Brenda Music Program** 3:00 Afternoon Bingo	**8** 9:30 One to Ones 10:00 Seated Yoga 10:45 Picture This? 2:00 Worship Service 3:00 Shamrock Shakes	**9** 9:30 One to Ones 10:00 Balloon Volleyball 10:30 Charlie Visits 11:00 You be The Judge 2:00 Hymn Sing 3:00 Spirit Alive	**10** 9:30 One to Ones 10:00 Manicures 10:45 What's My Line 2:00 The Forties 3:00 Coffee Clutch	**11** 10:00 Morning Strolls 10:45 Coffee Clutch 2:00 Afternoon Bingo 3:00 Easy Does It Trivia
12 10:00 Bible Study 10:45 Hymn Sing 2:00 What's in the Bag 3:00 Afternoon Tea with Teresa Daylight Saving Time Begins	**13** 9:30 One to Ones 10:00 Poetry Reading 10:45 Word Games 2:00 Dancing with Sandy 3:00 Laugh Out Loud	**14** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Basketball **2:00 Music Therapy** 3:00 Afternoon Bingo	**15** 9:30 One to Ones 10:00 Seated Kickboxing 10:45 Find the Leprechaun 2:00 Worship Service 3:00 Card Games	**16** 9:30 One to Ones 10:00 Balloon Volleyball 10:30 Charlie Visits 11:00 Alphabetics **2:00 Celtic Heirs Irish Music Program** 3:00 Social Hour	*St. Patrick's Day* **17** 9:30 One to Ones 10:00 Manicures 10:45 Balloon Volleyball 2:00 Irish Social 3:00 White Board St. Patrick's Day	**18** 10:00 Seated Yoga 10:45 Spring Craft **2:00 John Smar Irish Music Program** 3:00 White Board Games
19 10:00 Seated Yoga 10:45 Baking Time 2:00 Afternoon Strolls 3:00 Social Hour with Baked Treats	*First Day of Spring* **20** 9:30 One to Ones 10:00 Games We Play 10:45 Hide and Seek 2:00 Round About 3:00 Flower Arranging Spring Begins	**21** 9:30 One to Ones 10:00 Seated Yoga 10:45 Tales of the Irish **2:00 Harry's Accordion** 3:00 Afternoon Bingo	**22** 9:30 One to Ones 10:00 Seated Pilates 10:45 Trivia 2:00 Worship Service 3:00 Reminisce Ramadan Begins	**23** 9:30 One to Ones 10:00 Balloon Volleyball 10:30 Charlie Visits 11:00 Name That Tune 2:00 Hymn Sing 3:00 Spirit Alive	**24** 9:30 One to Ones 10:00 Manicures 10:45 Name That Tune 2:00 Round About 3:00 Lets Sing	**25** 10:00 Morning Strolls 10:45 Pictionary 2:00 Afternoon Bingo 3:00 Social Hour
26 10:00 Bible Study 10:45 Coffee Clutch 2:00 Balloon Volleyball 3:00 Bible Stories	**27** 9:30 One to Ones 10:00 Play Doh Times 10:45 Ring Toss 2:00 Food Bingo 3:00 Relax Coloring	**28** 9:30 One to Ones 10:00 Balloon Soccer 10:45 Story Time 2:00 Afternoon Bingo **3:00 Art Creations with Katie** 3:00 Daphne Visits	**29** 9:00 One to Ones 10:00 Drum Fitness 10:45 Famous Love Letters 2:00 Worship Service 3:00 History of Fashion	**30** 9:30 One to Ones 10:00 Balloon Volleyball 10:30 Charlie Visits 11:00 Alphabetics 2:00 Hymn Sing 3:00 Spirit Alive	**31** 9:30 One to Ones 10:00 Manicures 10:45 Sandy's Stories 2:00 Crafting Fun 3:00 Bible Talk	

All Activities Are Subject to Change

MARCH 2023

Memory Support B Wing

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Trivia 11:15 Art fun **2:00 Hymn Sing with Kathy (Piano Area)** 3:00 March Social	*Dr. Seuss Day* **2** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Charley's Visits 11:00 Dr. Seuss Bookmarkers Craft 2:00 Spirit Alive 3:00 Hymn Sing	**3** 9:30 One to Ones 10:00 Seated Weights 10:30 White Board 2:00 Sing along 3:00 Board Games	**4** 10:00 Balloon Volleyball 10:45 White Board 2:00 Afternoon Bingo 3:00 Teatime Social
5 10:00 Eldercare Worship 10:45 Reflection 2:00 Sing-along 3:00 Bean Bag Toss	**6** 9:30 One to Ones 10:00 Exercise with Sally 10:45 Music Hour 2:00 Old Stuff Fun/Telephone Day 3:00 Social Hour Purim Begins	**7** 9:30 One to Ones 10:00 Balloon Volleyball **10:45 Travels and Music with Gary (B Wing)** **2:00 Jack and Brenda Music Program** 3:00 Afternoon Bingo	**8** 9:30 One to Ones 10:00 Cocoa and More 10:45 Manicures 2:00 Worship Service **3:00 Shamrock Shakes Social**	**9** 9:30 One to Ones 10:00 Drum Fitness 10:45 Charley's Visits 11:00 Reminisce 2:00 Spirit Alive 3:00 Hymn Sing	**10** 9:30 One to Ones 10:00 Drum Fitness 10:45 Dick Van Dyke Show 2:00 Butterfly Button Spring Craft 3:00 This or That	**11** 10:00 Coffee and Chat 10:45 Morning Strolls 2:00 Music Bingo 3:00 Apple Tree Painting
12 10:00 Drum Fitness 10:45 White Board 2:00 Clover Craft 3:00 Green Social Daylight Saving Time Begins	**13** 9:30 One to Ones 10:00 Exercise with Sally 10:45 Sing a Long 2:00 Limerick Fun 3:00 Social Hour	**14** 9:30 One to Ones 10:00 Balloon Soccer 10:45 Give Me a Word **2:00 Music Therapy** 3:00 Afternoon Bingo	**15** 9:30 One to Ones 10:00 Cocoa and More 10:45 Manicures 2:00 Worship Service 3:00 Brain Teasers	**16** 9:30 One to Ones 10:00 Seated Weights 10:45 Charley's Visits 11:00 You Be the Judge **2:00 Celtic Heirs Irish Music Program** 3:00 Social Hour	*St. Patrick's Day* **17** 10:00 Irish Dancing 10:45 History of Irish Music 2:00 Find the leprechaun 3:00 Leprechaun Craft St. Patrick's Day	**18** 10:00 Saturday Strolls 10:45 Baking for Birthdays **2:00 John Smar Irish Music Program** 3:00 Birthday Bash
19 10:00 Sunday Service 10:45 Reflection 2:00 Sunday Cinema 3:00 Concessions	*First Day of Spring* **20** 9:30 One to Ones 10:00 Exercise with Sally 10:45 Relaxation 2:00 National Kitten and Puppy Day 3:00 Social Hour Spring Begins	**21** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 What's in The Bag? **2:00 Music Therapy** 3:00 Butterfly Craft	**22** 9:30 One to Ones 10:00 Cocoa and More 10:45 Manicures 2:00 Worship Service 3:00 White Board Ramadan Begins	**23** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Charley's Visits 11:00 About Ramadan 2:00 Spirit Alive 3:00 Hymn Sing	**24** 9:30 One to Ones 10:00Seated Yoga 10:45 Trivia 2:00 Pictionary 3:00 I Love Lucy	**25** 10:00 Chair Yoga 10:45 Virtual Tour "Italy" 2:00 Easy Art Tulips 3:00 Music Social
26 10:00 Yoga and Sunday Strolls 10:45 Hymn Sing 2:00 Making Bird Houses 3:00 Sunday Social with Trivia	**27** **10:00 Country Drive** 10:00 Exercise with Sally 10:45 Relaxation 2:00 What Am I? 3:00 This and That Social	**28** 9:30 One to Ones 10:00 Balloon Soccer 10:45 Hangman 2:00 Afternoon Bingo **3:00 Art Creations with Katie** 3:00 Daphne Visits	**29** 9:30 One to Ones 10:00 Cocoa and More 10:45 Manicures 2:00 Worship Service 3:00 National Nutrition Month Celebration	**30** 9:30 One to Ones 10:00 Seated Pilates 10:45 Charley's Visits 11:00 Horse Racing 2:00 Spirit Alive 3:00 Hymn Sing	**31** 9:30 One to Ones 10:00 Drum Fitness 11:00 Bean Bag Toss 2:00 Monopoly 3:00 Indoor walks	

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MARCH 2023

Personal Care

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 9:30 One to Ones 10:00 Sit and Be Fit 11:00 Chaplain Chat **2:00 Hymn Sing with Kathy (Piano Area)** 3:00 Happy Hour	*Dr. Seuss Day* **2** 10:00 Manicures **10:45 Music with Gary** 11:15 Charley's Visits **1:00 Bus Trip to "Little Mermaid" Play** 2:00 Games We Play 3:00 Dr. Seuss Social	**3** 9:30 One to Ones 10:00 Exercise with Sally 10:45 Relaxation 2:00 Happy Hour 2:30 Old Stuff Day/Telephone History	**4** 10:00 Indoor Gardening 10:45 Word Games **11:30 Lunch Trip to The Red Lion Inn** 2:00 Afternoon Bingo 3:00 Music Relaxation
5 **10:00 Country Drive** 10:45 Word Search **2:00 Crafting with Crystal** 3:00 Art "Free for All" Craft Time	**6** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Morning Trivia 2:00 Worship Service 3:00 Flip It Card Game Purim Begins	**7** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 You Be the Judge 2:00 Afternoon Bingo 3:00 The Story of Annie Wilkens	10:00 Sit and Be Fit **8** **11:00 Trip to Senior Center St. Patrick's Day Luncheon and Music** **2:00 "Shamrock Shakes" Social Hour** 3:00 Were all Irish on St. Patrick's Day	**9** 9:30 One to Ones 10:00 Manicures **10:45 Bayada Program "Breathe Easy"** 11:15 Charley's Visits 2:00 Games We Play 3:00 Table Puzzles	*Celebrating Girl Scouts* **10** 10:00 Making Girl Scout Thin Mint Delight 10:45 History of Girl Scouts and Facts **2:00 Card Making with Esther** 3:00 Gymboree Social	**11** 10:00 Seated Yoga 10:00 What Am I? 2:00 Afternoon Bingo 3:00 Puzzles
12 10:00 Seated Kickboxing 10:45 Who What Where 2:00 Bible Study 3:00 Air Hockey Daylight Saving Time Begins	**13** 9:30 One to Ones 10:00 Seated Zumba 10:45 Jeopardy Tournament 2:00 Worship Service 3:00 Faux Flower Bouquet Making	**14** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 Irish Word Games 2:00 Afternoon Bingo 3:00 Karaoke Party "Irish Style"	**15** 9:30 One to Ones 10:00 Lucky Mix Trail 10:30 Remembering the Luck of the Irish 11:00 Chaplain Chat **2:00 Food Committee** 3:00 Happy Hour	**16** 9:30 One to Ones 10:00 Manicures 10:45 TV Trivia 11:15 Charley's Visits **2:00 Celtic Heirs Irish Music Program** 3:00 Adult Coloring	*St. Patrick's Day* **17** 9:30 One to Ones 10:00 Limerick Fun 10:45 Truth or Blarney **2:00 Homemade Cards with Esther** 3:00 Happy Hour St. Patrick's Day	**18** **10:00 Trip to Home Goods and TJ Max** 10:45 Table Trivia **2:00 John Smar Irish Music Program** 3:00 Music Relaxation
19 10:00 Kitchen Fun 10:45 Indoor Strolls 2:00 Travelogue "Barcelona, Spain" 3:00 Snacks and Refreshments	*First Day of Spring* **20** 9:30 One to Ones 10:00 Seated Weights 10:45 Reminisce 2:00 Worship Service 3:00 Spring Craft Spring Begins	**21** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 No Bake Bird Feeders Craft **2:00 Harry's Irish Accordion Music** 3:00 Poetry Reading	**22** 9:30 One to Ones 10:00 Sit and Be Fit 11:00 Chaplain Chat **2:00 Resident Council** 3:00 Happy Hour Ramadan Begins	**23** 9:30 One to Ones 10:00 Manicures 10:45 TV Trivia 11:15 Charley's Visits 2:00 Games We Play 3:00 Table Trivia	**24** 9:30 One to Ones 10:00 Exercise with Sally 10:45 Relaxation 2:00 Happy Hour 2:30 What Am I?	**25** 10:00 Seated Weights 10:45 History of Irish Music 2:00 Afternoon Bingo 3:00 Irish Folk Songs Sing-along
26 10:00 Balloon Volleyball 10:45 Morning Trivia 2:00 Bible Study 3:00 Board Games	**27** 9:30 One to Ones 10:00 Seated Yoga 10:45 Wii Games 2:00 Worship Service 3:00 Paper Puzzles	**28** 9:30 One to Ones 10:00 Balloon Volleyball 10:45 White Board **1:30 Art Creations with Katie** 3:00 Karaoke Party 3:30 Daphne Visits	**29** 9:30 One to Ones 10:00 Sit and Be Fit 11:00 Chaplain Chat **2:00 National Nutrition Month Celebration** 3:00 Happy Hour	**30** 9:30 One to Ones 10:00 Manicures 10:45 TV Trivia 11:15 Charley's Visits 2:00 Games We Play 3:00 Table	**31** 9:30 One to Ones 10:00 Exercise with Sally 10:45 Relaxation 2:00 Happy Hour 2:30 Trivia Hour	

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