

CALL FOR PROPOSAL DIRECTIONS BREAKOUT SESSION



Institute on
Aging

The Personal Cost of Caring: Secondary Trauma and Resiliency in Senior Care

Thursday, April 28, 2022
8:00 a.m. to 4:15 p.m.
ArtsQuest, Bethlehem, PA

Since 2001, Phoebe Institute on Aging (PIA) conferences educate health professionals and caregivers about current-day needs and front-line solutions for older adults. The PIA provides forums for discussion and learning, including educational programs, cooperative ventures, and outreach activities designed to promote improved quality of life and care for the aging and their families.

Conference Description:

Caregivers of seniors have reported distress in dealing with a range of challenges throughout the pandemic. Since March 2020, they have dealt with the uncertainty of the disease progression, the possibility of direct exposure to COVID-19 at work, the lack of personal protective equipment (PPE), overwhelming workloads, and physical exhaustion. After more than a year of trying to protect our most vulnerable citizens from this highly infectious disease, front-line workers may be experiencing secondary trauma, compassion fatigue, and a desire to leave healthcare.

This conference will examine the effect that COVID-19 has had on caregivers of older adults, physically, mentally, emotionally, and spiritually. Practical solutions will be offered, including self-care, discovering sources of energy and renewal, and how senior care organizations can care for those who care for others.

Conference Objectives:

- Discuss various components of trauma and identify the secondary fallout/impact to seniors and front-line workers.
- Discuss how senior care organizations respond to major organizational threats to their health care system.
- Identify responses and remedies, including policies and diverse populations, to recover and build resiliency and hope within senior care organizations, senior populations, and health care workers.

- Identify ways to combat the effects of traumatic conditions, particularly self-care, healing therapies, and organizational care for front-line workers.

The audience for this conference will include aging services and healthcare professionals from multiple disciplines, including nursing, social work, activities, nursing home administration, personal care administration, and pastoral care. Students, local community members, older adults, and family caregivers will also benefit from attending this conference. **Presentations must consider appropriateness to address a diverse audience.**

Topic areas for consideration with a focus on aging and older adults:

- COVID-19 in Aging Services
- Lessons Learned from Senior Care Organizations
- Number of Health Care Workers versus Number of Seniors Needing Care
- Organization Policies to Protect Seniors, including Diverse Populations and Employed Front-Line Workers
- Trauma (Collective, Generational, Secondary, Vicarious, Effects-of)
- Complicated Grief, Compassion Fatigues, and Burnout
- Social Isolation (older adults and front-line care workers)
- Addiction (stemming from the pandemic and/or quarantine)
- Ways to Combat Effects of Pandemic
- Self-Care and Organizational Care for Caregivers
- Resiliency
- Spirituality

Submission Timeline and Approval Process

Please submit the required information before August 13, 2021.

- **All call for proposal applications must be submitted online. Online submittal presentation information requested:** presenter information, short biography, breakout session summary/abstract, breakout session brief description, learning objectives,

delivery format, and audio/visual needs. This information may be used for continuing education applications, promotional brochure copy, and website descriptions.

- Submission of a proposal implies a commitment to present at the conference if the proposal is accepted.
- **Submission of the Application Form is due by August 13, 2021.**
- Proposals are selected to ensure the conference offers a comprehensive, objective, and diverse program. Proposals will be reviewed by the Phoebe Institute on Aging Program Committee based upon the following criteria:

Relevance of topic: Content must be relevant to the conference topic and offer value and interest to the audience.

Proposed topic coverage: Content must be related to the proposer's objectives. Presentation goals and objectives must correspond to the conference goals. The topic advances the knowledge and /or skills of services for the aging population and/or encourages innovation in offering effective approaches and solutions.

Presenter knowledge: Presenter must have sufficient knowledge, expertise, or authority to address this topic. Presenters' credentials are appropriate to present the subject matter.

Engagement: The presenter must include specific engaging strategies relevant to event size, audience, and maturity of topic in the session content.

- PIA notification of selection approval will be sent via email by September 10, 2021.
- Upon proposal acceptance, you will receive further directions, including for the submission of Power Points, confirmation of A/V needs, and conference registration.
- **Honorarium Policy:** Speaker benefits for breakout session presenters include waiver of conference fee, breakfast and lunch, recognition in promotional materials, professional development, and opportunity for eligible CEUs. The Phoebe Institute on Aging does not offer financial honorariums to breakout session presenters at this time.

| Thank you for your interest in presenting at the upcoming Phoebe Institute on Aging Conference!

Please complete the Breakout Session – Call for Proposal Application Form at <https://phoebe.org/phoebe-institute-on-aging-conference-call-for-proposals/> or email it to events@phoebe.org.

Call 610-794-5132 with any questions.