

SPRING 2021 VIRTUAL CONFERENCE CONFERENCE SCHEDULE

(Attendance at all sessions is required for 6 credits)

TIME	TOPIC OF DISCUSSION	PRESENTERS
7:45-8:00 a.m.	Conference Welcome	Scott R. Stevenson , President/CEO, Phoebe Ministries Stacey L. Prohaska , Executive Director, Philanthropy, Phoebe Ministries Rev. Dr. Bonnie Bates , Phoebe Board, UCC Conference Minister
8:00-8:30 a.m.	VIDEO: <i>The Boomer's Guide to Growing Older</i>	Produced by KVIE PBS Sacramento (funded by UC Davis Health)
8:30-9:15 a.m.	Boom Times: From War Babies to Grandboomers	James A. Von Schilling, Ph.D. , Professor of English & Humanities Coordinator, Northampton Community College
9:25-10:25 a.m.	Pennsylvania Promoting Purpose and Well-being in Older Adults	SPECIAL GUEST SPEAKER: Robert Torres , Secretary of the Pennsylvania Department of Aging Discussion/Q&A Panel Moderator: Tracy Roman , Executive Director of Regional Operations, Phoebe Ministries Carmen A. Bell , Director, Healthy Aging, United Way of the Greater Lehigh Valley Lisa Hoffman, M.B.A. , Executive Director, Pathstones by Phoebe
10:30-11:30 a.m.	Ask Dr. Ruth: Sex, Love, and Loneliness	KEYNOTE SPEAKER: Dr. Ruth Westheimer , world-renowned sex therapist, author, professor and worldwide lecturer
11:30-11:35 a.m.	Announcements	
11:35-12:30 p.m.	Lunch Break	Hear baby boomer-era songs from The Large Flowerheads, a Lehigh Valley-based '60s tribute band.

AFTERNOON SESSIONS TRACK A: Sex | TRACK B: Drugs | TRACK C: Music (Rock & Roll) | TRACK D: Lifestyle/Well-being

TIME	TOPIC OF DISCUSSION	PRESENTERS
12:45-1:45 p.m.	Track A: Let's Get Physical: The Science of Sexuality and Aging (Part I)	Jane Fleishman, Ph.D., M.Ed., M.S., Principal, Speaking Of, LLC
	Track B: Medical Cannabis - An Introduction	Andrew M. Peterson, Pharm.D., Ph.D., Professor of Clinical Pharmacy and Professor of Health Policy, University of the Sciences in Philadelphia
	Track C: How Personalized Music Impacts Seniors with Dementia	Cecilia M. Fox, Ph.D., Louise E. Juley Professor and Chair of Biological Sciences and Director of the Neuroscience Program, Moravian College
	Track D: Be Bold, Claim Old—Who Says Youth is Our Gold Standard?	Amy Gorely, Director of Community Relations, Carolina Meadows; Founder of Be Bold, Claim Old Campaign
1:45-2:00 p.m. BREAK		
2:00-3:00 p.m.	Track A: Let's Get Physical: Digging Deeper into Sexuality and Aging (Part II)	Jane Fleishman, Ph.D., M.Ed., M.S., Principal, Speaking Of, LLC
	Track B: Medical Cannabis for the Health Professional	Andrew M. Peterson, Pharm.D., Ph.D., Professor of Clinical Pharmacy and Professor of Health Policy, University of the Sciences in Philadelphia
	Track C: Hey Boomer...Got Music?	Maureen 'Moe' Jerant, Teaching Artist, Endorsed Remo HealthRhythms Facilitator, Lehigh Valley Drum Circle
	Track D: Aging Well Is A Family Affair	Michaela Holmes, M.S., Director of Operations and Training, Transitional Wisdom Morning Star Holmes, M.A., Founder, Transitional Wisdom
3:00-3:15 p.m. BREAK		
3:15-4:15 p.m.	Track A: Still Doing It! Teaching Sex Ed for Older Adults	Bill Taverner, M.A., C.S.E., Executive Director, The Center for Sex Education
	Track B: A Growing Dilemma: Substance Abuse on the Rise for Baby Boomers	Sharon Matthew, L.P.C., A.C.R.P.S., C.C.S., C.S.A.T, C.M.A.T, Clinical Director of the Older Adult Program, Caron Treatment Centers
	Track C: Keeping Aging Boomers Rocking and Not Rolling	Tuesday Trudel, M.S.N., C.R.N.P., Advanced Nurse Practitioner, Geriatric Services, St. Luke's University Health Network
	Track D: Over the Hill Rainbow	Deborah L. Strouse, L.C.S.W., M.S.W., C.A.A.D.C., Psychotherapist, St. Luke's University Health Network