#### **Our Services**

Phoebe Ministries is the regional leader for memory support services. Phoebe is currently expanding our dementia care infrastructure to create a wellcoordinated network of services, programs, and supports for Phoebe residents, caregivers, family members, and the community.

Phoebe offers specialized memory support care on each campus to meet the unique needs of individuals with Alzheimer's disease and other dementias. These specialized services, available at all levels of care, are designed to provide an optimal level of stimulation and support in a setting that encourages enjoyment and quality of life, while maximizing independence and ensuring safety.

#### Customized Support for All Levels of Memory Support Care

Phoebe Ministries offers a full continuum of memory support services. No matter where your loved one is in his or her stage of memory loss, we offer a multitude of programs including:

**Community-based care:** Provides services to meet each individual's needs and allows seniors to continue to live at home while receiving the care they need.

**Personal care:** Best for individuals who require a moderate amount of assistance with various activities of daily living and includes specialized activity programming for memory support.

**Skilled care:** Designed for residents in the mid-to-late stages of Alzheimer's disease or other advanced stage dementias.



Dr. Kelly O'Shea Carney is the Executive Director of the Phoebe Center for Excellence in Dementia Care (CEDC). The CEDC supports Phoebe's memory support services by providing staff training, program enhancement and support for care teams, in addition to development of

innovative programs, research in dementia care and demonstrated leadership within the industry in memory support care.





#### PHOEBE CENTER FOR EXCELLENCE IN DEMENTIA CARE

1925 Turner St., Allentown, PA 18104 Phone: 610-794-MIND





# Memory Support and Dementia Care at Phoebe



#### Phoebe Dementia Care Philosophy

Phoebe's staff and volunteers understand that every person who is experiencing dementia is a unique individual – a person of value with strengths, a meaningful life history and the capacity for love and enjoyment. We know that every caregiver wants only what is best for their loved one with dementia. We know the difficult, stressful and exhausting tasks caregivers face.

Based on this clear understanding of the potential that lies within, we strive to empower those we serve through education and resources, as well as care for mind, body and spirit. Phoebe brings all of our resources to bear in pursuit of these goals, including the selection, training and support of employees who understand the unique gifts of those with dementia. Phoebe engages in innovative and evidence-based care practices.

Learn more about our dementia care philosophy at www.phoebe.org/memorysupport.



### The Region's Most Innovative Residential Program

Residents at Phoebe Ministries who receive memory support services get the best care in the region.

Activities: Specialized Montessori programming is employed at each of our communities to stimulate cognitive ability and engagement. Our staff uses a variety of strategies to learn about our residents' histories and preferences so that we can tailor specific activities to emphasize each resident's past lifestyle and interests.

**Pastoral care:** Faith-based services are offered for individuals with dementia, including an innovative pastoral care program "Spirit Alive," which nurtures the spirit within individuals experiencing dementia.

Rehabilitation: Neurocognitive Engagement Therapy (NET) is a specialized dementia rehabilitation program at Phoebe Allentown that is funded by an exclusive grant by the Alzheimer's Foundation of America. This unique program integrates the best practices in dementia care into the rehab process, utilizing the patient's previous skills and interests to better acheive rehab goals.

Employee Training: We recognize that it takes a special individual to provide excellent dementia care and that an understanding of all aspects of dementia is necessary as a foundation for excellent care. We are committed to selecting, training, mentoring and supporting our staff to ensure that they provide the care that Phoebe promises to the individuals we serve.

#### A Nationally Recognized Leader in Dementia Care

Phoebe Ministries operates seven memory support communities, all of which have achieved the Excellence in Care status from the Alzheimer's Foundation of America. Phoebe is currently the only organization in the country that has achieved this distinction for all memory support care throughout the organization. Phoebe was the first organization in Pennsylvania to achieve this status, and currently operates 7 of the 11 communities statewide with the distinction.\*

\*As of March 2014

## For the Caregiver or Newly Diagnosed

Phoebe offers resources for caregivers and newly diagnosed individuals.

- Educational workshops and conferences
- In-home education
- Support groups
- The very best care for you and your loved one

